

How To Compress Your Media Using "Any Video Converter"

How to convert on a Mac

Any Vide Converter can be downloaded here:

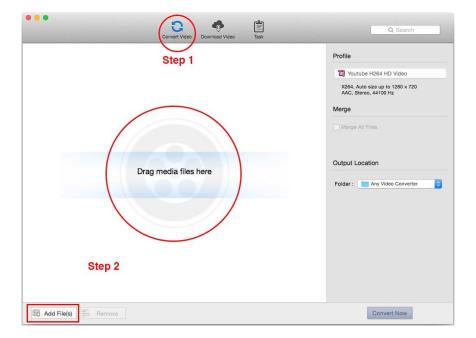
http://www.any-video-converter.com

Follow Any Video Converter's download and installation instructions. Once you launch the program follow these simple instructions.

- **Step 1.** From the tab choices at the top of the screen, be sure that the **Convert Video** icon is selected.
- **Step 2.** There are two ways to add the video that you wish to convert.

You can either drag and drop the media straight from your desktop onto the application, or:

Click on the Add Files button, then navigate to your media file, select it and click Open.

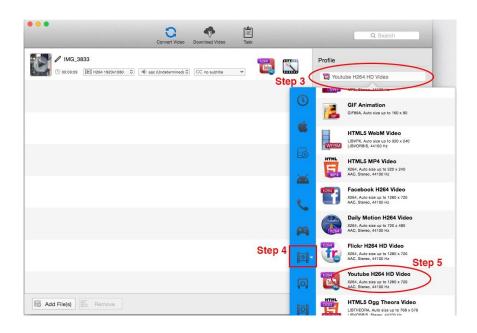


Step 3. Click on the Profile drop list on the right side of the main interface.

Step 4. Choose the Universal Film icon.



Step 5. Select Youtube H.264 HD Video.



- Step 6. Click on the Output Location pop-up menu and select the destination for your file.
- **Step 7.** Press the **Convert Now** button. Depending on the size of your file it will take anywhere from several seconds to a few minutes to convert your media.

